

2009 International Summer School in Psychotherapy



Sigmund Freud University, Vienna
6 July – 26 July, 2009

The International Summer School in Psychotherapy is an intensive program in the fundamental principles of Psychotherapy Sciences. Every summer, students and professionals from all over the world are welcomed at the Sigmund Freud University to take part in this unique learning experience.

PROGRAM INFORMATION

Theory and Practice of Psychotherapy

6.7.2009 – 11.7.2009 Course 1: Psychotherapy – Self Awareness

13.7.2009 – 18.7.2009 Course 2: Basic Principles in Psychotherapy

20.7.2009 – 25.7.2009 Course 3: Advanced Studies in Psychotherapy

Psychotherapy Research

6.7.2009 – 11.7.2009

PROGRAM INFORMATION

Theory and Practice of Psychotherapy

6.7.2009 – 11.7.2009 Course 1: Psychotherapy – Self Awareness

13.7.2009 – 18.7.2009 Course 2: Basic Principles in Psychotherapy

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Directors. Univ.-Prof. Dr. Alfred Pritz and Dr. Elisabeth Vykoukal

Coursework. The courses taught represent parts of the curriculum that is offered in the semester-long degree programs at Sigmund Freud University. These include structured lectures, discussion-oriented seminars, and interactive workshops. Participants choose between two levels of coursework: Basic Studies for beginners, and Advanced Studies for those with basic experience.

Practical Training. Participants will also receive practical training in psychotherapy, in the form of supervisions and training sessions addressing a variety of concrete concerns facing Psychotherapy practitioners.

Self-Awareness. This course provides the opportunity to take part in intensive psychotherapy sessions.

Faculty. The lecturers, training supervisors and workshop leaders at the International Summer School in Psychotherapy are members of academic institutions and psychotherapy training centres from all over the world, renown in their field.

Language. English.

COURSE CREDIT AND CERTIFICATION

Those participating in the Summer School for the full four week programme, will earn ECTS Credits. The precise amount of credit points depends on the attendance of the lectures and on the fulfillment of further requirements for the lecture.

Certification. Participants who successfully complete the programme will receive a Certificate of Completion and a Transcript indicating the number of ECTS Credits earned.

FINANCIAL INFORMATION

Tuition. Tuition for the course of the summer school (one week) is 800 €.

The Sigmund Freud Eastern European Scholarships. We are happy to announce that we are able to offer a significant number of scholarships to qualified applicants from Eastern Europe. These scholarships are determined on the basis of both need and academic promise.

Aside from the Sigmund Freud Eastern European Scholarships, we do not typically offer financial aid for the Summer School. Applicants are expected to secure their own funding for tuition, travel and room and board. There are numerous grant-giving bodies that dispense funding for these purposes, and applicants who are unable to meet costs are encouraged to enquire about such sources from their home country. Particularly in the case of students, the students home university will often have funds available specifically for the purposes of such programs. In exceptional cases, we are occasionally able to offer financial aid to extremely talented individuals who would not otherwise be able to attend the Summer School. If you feel that this applies to you, please mark the appropriate section in the application form.

HOUSING

A limited number of ensuite shared rooms (double and triple) is available on university premises, for a fee of 25€ per day. We will also arrange rooms with the ÖAD

HOW TO APPLY

Application Procedure. To apply for the International Summer School in Psychotherapy, you must fill out the Online Application Form, located on our website. Alternatively, you may fill out the document version of the Application Form, available in MS Word and PDF formats, and return it to us electronically via email. *Please do not send us hard-copy applications by post;* all Summer School applications must be received electronically.

Application Deadline. Application deadline is **1 June, 2009**. Early applications are encouraged, as spaces become allocated on a rolling basis.

Deposit and Payment. In order to secure your place in the Summer School, you must pay a Tuition and Housing Deposit of 250€ immediately upon being accepted into the program, and no later than **14 June, 2009**. Without the deposit, your place in the program cannot be held. Full tuition and housing payment is due before the start of the program. Payments can be made via credit card (Visa or Mastercard) or bank transfer.

QUESTIONS AND CONTACT INFORMATION

If you have questions about the Summer School, please contact:

Monika Millecker M.A., Rektorate Assistant

Tel: +43 (0)1 798 40 98

Fax: +43 (0)1 798 40 98 / 20

Email: office@sfu.ac.at

Office Hours:

Monday - Thursday: 08:00 - 16:00

Friday: 09:00 - 17:00

Our Mailing Address:

Sigmund Freud University

Schnirchgasse 9a

A - 1030 Vienna, Austria

Website:

<http://www.sfu.ac.at/english>

2009 International Summer School in Psychotherapy

PROGRAM SCHEDULE

Course 1: Psychotherapy – Self Awareness

Date	From	To	Lecture	lecturer
6.7.	11:00	14:00	Registration	
6.7.	15:00	19:00	Self Awareness	Slavkovic
7.7.	9:00	19:00	Self Awareness	Slavkovic
8.7.	9:00	19:00	Self Awareness	Slavkovic
9.7.	9:00	19:00	Self Awareness	Slavkovic
10.7.	9:00	19:00	Self Awareness	Slavkovic
11.7.	9:00	12:00	Self Awareness	Slavkovic

Course 2: Basic Principles in Psychotherapy

Date	From	To	Lecture	lecturer
13.7.	11:00	14:00	Registration	
13.7.	15:00	19:00	Developmental Psychology	Sindelar
14.7.	9:00	19:00	History of Psychotherapy	Braakmann
15.7.	9:00	19:00	Psychotherapy as a Profession	Braakmann
16.7.	9:00	13:00	Principles of Psychotherapeutic Discourse	Sindelar
16.7.	15:00	19:00	Presentation Psychotherapy Modalities	De Mendelssohn
17.7.	9:00	19:00	Psychotherapy as a Science	Gelo
18.7.	9:00	13:00	Presentation Psychotherapy Modalities	Trenkler

Course 3: Advanced Studies of Psychotherapy

Date	From	To	Lecture	lecturer
20.7.	11:00	14:00	Registration	
20.7.	15:00	19:00	Basic Functional Disorders – Consequences for child psychotherapy	Sindelar
21.7.	9:00	19:00	Psychotherapy Research	Gelo
22.7.	9:00	19:00	Ethics and Malpractice	Pritz
23.7.	9:00	13:00	Sexual Disorders	Fodor
23.7.	15:00	19:00	Neuropsychology and Psychotherapy	Guttman
24.7.	9:00	13:00	Neuropsychology and Psychotherapy	Guttman
25.7.	9:00	13:00	Case Presentation	Pritz/Vykoukal

FACULTY

Prof. Alfred Pritz is co-founder and rector of the Sigmund Freud University, Vienna, Professor of Psychoanalysis and the President of the World Council for Psychotherapy.

Dr. Elisabeth Vykoukal is Director of Continuing Education at Sigmund Freud University Vienna, where she also conducts research on Group Psychotherapy Methods and Hoarding.

Prof. Giseler Guttmann is a renown figure in European Neuroscience. He is a member of the Austrian Academy of Sciences, as well as vice-Rektor and Professor of Neuroscientific Principles of Psychotherapy at Sigmund Freud University, Vienna.

Dr. Brigitte Sindelar is a Professor of Child and Adolescent Psychotherapy at Sigmund Freud University, Vienna, and a practitioner of Individual and Depth Psychology.

Felix De Mendelssohn

Dr. Omar Gelo is Assistant Professor and Coordinator of the Doctoral Program at Sigmund Freud University, Vienna, specialising in Metaphor and emotional-cognitive regulation.

Dr. Albina Colden is a Psychologist specialising in memory, an exhibiting Artist, and Coordinator of the English-language Bachelor's Program at Sigmund Freud University, Vienna.

Dr. Diana Braakmann is Assistant Professor of the Doctoral Programme at Sigmund Freud University, Vienna. She is Behaviour Therapist with a specific training in Dialectic Behaviour Therapy.

SELECT COURSE DESCRIPTIONS

Principles of Psychotherapeutic Discourse **Sindelar**

In this course principles of psychotherapeutic discourse will be explained and demonstrated: Topics covered will focus on the process of interaction in the psychotherapeutic discourse, including: the frame of time and place; responsive listening; holding; containing; enacting; reading and answering metaphors; transference and counter-transference; embedded voices.

Introduction to Psychotherapy Research **Gelo**

Psychotherapy research is nowadays a necessary endeavour. Bridging clinical practice with empirical investigation, it aims to increase our understanding of how psychotherapy works and to enhance its effectiveness. Most studies have by now demonstrated that psychotherapy is *effective*, but still a lot remains to do in order to understand *how* psychotherapy reaches its effectiveness. Which are the mechanisms underlying psychotherapeutic change? How can we study them? The lecture intends to provide some basic theoretical knowledge and discuss some methodological issues which can help us in answering these questions.

Neuropsychology **Guttmann**

Neuropsychology is the scientific study of how structural and functional aspects of the human brain relate to psychological processes and behaviours. This course will cover neuroanatomy, neurological processes, and methods of neuropsychological testing, in the context of research findings and psychotherapeutic implications.

Developmental Psychology **Sindelar**

Child development has to be understood as a growing network of cognitive, emotional and social functions. The course provides and integrates knowledge from these different fields of developmental psychology in reference to psychotherapeutic theories and work.

Psychotherapy Integration: Commonalities and Differences in Psychotherapy Methods **Gelo**

Psychotherapy integration refers to a philosophical, conceptual, and clinical orientation to the study of psychotherapy. While *integrative psychotherapies* result from an explicit attempt to synthesize theoretical constructs and clinical interventions drawn from one or more traditional schools into a new one, *psychotherapy integration* is defined by openness to understanding convergences and commonalities among a vast array of psychotherapeutic schools. It is therefore defined by the willingness to learn from all therapies: There is a preference for a process of integration which guides psychotherapy rather than any single product or integrative psychotherapy that might become yet another single therapeutic school. The lecture intends to describe and explain how psychotherapy integration may work, as well as to introduce some strategies of empirical analysis which could support us in the aim of developing a convergent explanatory framework in psychotherapy. This convergent explanatory framework should provide a general theory of clinical intervention and of its evaluation, which could be applied – with the due differences – to all psychotherapy schools.

Malpractice

Pritz

This course will address the issue of Malpractice in Psychotherapy. We will discuss potential malpractice in the context of general and integrative psychotherapy throughout the different points of the psychotherapeutic process, from the first meeting, through evaluation and diagnosis, to treatment. Both the legal aspects of malpractice, and its implications for the psychotherapeutic relationship will be discussed.

Psychotherapy Research

6.7.2009 – 11.7.2009

SFU Psychotherapy Research Summer School 2009

Dr. Omar Gelo

General information

Directors. Univ.-Prof. Dr. Alfred Pritz and Dr. Omar Gelo

Psychotherapy research deals with the application of adequate scientific methods in order to *describe, explain* and *evaluate* psychotherapeutic practice. It aims at bridging clinical practice with empirical investigation, in order to increase our understanding of how psychotherapy works. As the interest among practitioners and researchers has considerably increased in the last years, there is the necessity for them to develop adequate and specific theoretical knowledge and applicative competencies.

Aim. The school aims at introducing the participants with theoretical and methodological issues of psychotherapy research. Special attention will be given to specific instruments currently used within qualitative process research and treatment evaluation. These will be presented in a detailed way, in order to provide the participants with the adequate conceptual and applicative knowledge required to understand, use and apply them. The school aims moreover at providing the participants with the opportunity of presenting their own works, with an open discussion between colleagues and lecturers. This is meant to facilitate an effective networking.

Participants. The school is primarily directed towards doctoral students, assistants, researchers and clinicians from all European countries who are actively interested and engaged in psychotherapy research. The school is intended for a maximum of 50 participants.

Coursework. The courses include structured lectures and interactive workshops. Students are moreover invited to submit abstracts regarding research-projects or general psychotherapy research related issues. On the base of these submission a one-day discussion-oriented seminar plus a poster session will be organized, to allow the students to discuss with the teaching staff and with colleagues.

Deadline for registration and abstract submission. June 1th, 2009.

Tuition

Tuition for the course of the summer school (one week) is 800 €.

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Bank Austria Creditanstalt
Account no. 514 300 146 01,
Sort Code 12 000
BIC-Code : BKAUATWW
IBAN: AT63 1200 0514 3001 461

– Faculty description –

Prof. Chris Evans

Chris Evans is Professor of Psychotherapy in Nottingham and author of over 150 publications. He is a medical psychotherapist who came to psychiatry in 1984 aiming to go to public health medicine and immediately fell in love with psychotherapy, psychotherapy research and, soon after, the Society for Psychotherapy Research. He is trained in individual analytic/dynamic therapy (Royal College of Psychiatrists), Group Analysis (IGA) and family/systemic therapy (Prudence Skynner Clinic/Tavistock). His research interests have been more quantitative than qualitative but have included some qualitative work and hybrid methods including use of personal questionnaires (PSYCHLOPS) and repertory grids. He is a co-author of the CORE-OM and CORE system, lead for translations and trustee of the CORE System Trust.

Prof. Jorg Frommer

Jörg Frommer, MD, MA, Psychiatrist, Psychoanalyst, Professor for Psychosomatic Medicine, Head of the Department of Psychosomatic Medicine and Psychotherapy, Medical Faculty and Clinic Centre, Otto-von-Guericke-University Magdeburg. Current research projects: Methodology and methods of psychotherapy and counselling research, qualitative research, psycho-oncology, transplantation medicine, tinnitus. Publication: Frommer, J. and Rennie, D. L. (Editors): Qualitative Psychotherapy Research: Methods and Methodology. Lengerich: Pabst Science Publisher 2001

Dr. Thomas Stephenson

Thomas Stephenson, Psychotherapist, Individual Psychologist and Clinical Psychologist. He is assistant professor in the Doctoral Programme in psychotherapy Science at the Sigmund Freud University – Vienna. He is also university lecturer in Psychoanalytic Pedagogy and Therapeutic Pedagogy at the University of Vienna.

Dr. Kathrin Mörtl

Dr. Kathrin Mörtl is a research assistant and psychologist at the University of Ulm (Psychosomatic Day-Clinic and Section for Forensic Psychotherapy) who also teaches at the University of Klagenfurt. Her methodological focus is to apply qualitative text analysis strategies in psychotherapy research, such as Grounded Theory, Qualitative Content Analysis and Conversational Analysis.

Dr. Omar Gelo

Dr. Omar Gelo is Assistant professor at University of Salento (Italy) and Assistant Professor and Co-coordinator of the Doctoral Program for foreign students at Sigmund Freud University, Vienna. His research interests in the field of psychotherapy research concern the therapeutic process, with particular relevance of metaphorical language, emotional-cognitive regulation, and the application of dynamic systems theory to the study of psychotherapy. He is moreover interested in psychotherapy integration, the empirical study of therapeutic common factors, and in linking process and outcome in different psychotherapeutic orientations.

Dr. Diana Braakmann

Dr. Diana Braakmann is Assistant Professor of the Doctoral Programme at Sigmund Freud University, Vienna. She is Behaviour Therapist with a specific training in Dialectic Behaviour Therapy. Her psychotherapeutic work during the last years was concentrated on treating Borderline Personality Disorder and Posttraumatic Stress Disease. Her research interests focus on the phenomenon of dissociation as well as the connection between process and outcome variables in psychotherapy.

– Course descriptions –

Qualitative research on biography: designs and approaches

Dr. Kathrin Mörtl (University of Ulm – Germany)

In Psychotherapy, talking about biographical experiences, memories and feelings connected to such, is one main focus. If we want to analyze the biographical narrations as part of the psychotherapeutic process, we have to take various aspects into consideration: what is told (narrated "facts", relationships between the narrated self and the narrated others, etc.), how is it told (structure of narration, level of reflection, transference, etc.) and to whom is it told when (interaction between the patient and the therapist, stages of change in the therapeutic process, etc.). The workshop will start with a short overview of qualitative research designs to create a theoretical basis from which the students, then, will work in small groups on transcribed video-sessions of a group-psychotherapy. The aim is to provide an understanding for the possibilities of qualitative text-analyses by practically coding texts in class and discussing the results of the workshop-groups together.

Participants' research projects discussion

Teaching staff

This full one-day discussion is thought to give the participants the possibility of presenting their research projects and discussing them with colleagues and with the teaching staff. This is moreover meant to facilitate an effective networking between participants and teachers. It will concern the presentation and discussion of about 8 works, which will be selected according to different criteria (stage of work, methodological sophistication, etc.). For the submitted research projects which will not be discussed a poster session will be organized to allow everyone to present and discuss his/her work.

Initial research stages of analysis of texts specific to psychotherapy

Dr. Thomas Stephenson (Sigmund Freud University Vienna – Austria)

A research approach focusing on specific aspects of text production within psychotherapeutic science will be presented. In dealing with connections between various theories and phenomena in psychotherapy sessions, the analytical method presented here tries to detect patterns of text production specific to psychotherapy.

Thus, quantitative as well as qualitative data may be collected. Ways and means of interpretation and evaluation of these data will be discussed. In the process, principles of scientific text production will be considered, in particular with regard to the psychotherapeutic process as a topic of research.

Chains of evidence and ladders of logic: why some psychotherapy research would not be good enough for a law court ... and how we put that right (Part I & II).

Prof. Chris Evans (Nottingham University – UK)

Legal processes expect "chains of evidence" that lead from the evidence as a physical thing to how it affects the decision the court has to make. Building that chain of evidence involves rules of evidence, assembled over many years and through political processes that created and maintain the "rule of law". They also involve less codified "ladders of logic" which make the logic of the chain clear for the court. Psychotherapy research has evolved rapidly, it is still less than 100 years old really. For good reasons it has drawn heavily on ladders of logic from statistics and medicine and many (but not all) of those are good ladders for medicine but not very good for psychotherapies. However, we can improve our chains and rules of evidence and our ladders of logic quite easily if we have the courage to admit that our current models are weak and if clinical expertise is respected as a lay witness should be respected in a court of law. The workshop will explore our options and, I hope, start collaborations that might move things forward.

Part I will involve identifying the issues of importance for the therapy and research settings in which the participants are working. Then it will focus on the theoretical background and statistical issues.

Part II will work to and from theory to work out new solutions. We will work with the theoretical model developed by analogy with courtroom "chains (and rules) of evidence" and "ladders of logic" and link it to the locations of the participants looking at questions to explore; measures, qualitative descriptors and other data collection; analyses; and communication to others and action/exploration cycles.

Similarities and contrasts in diagnostic interviews: from clinical description to qualitative research perspectives

Prof. Jorg Frommer (University of Magdeburg – Germany)

The seminar will start with an introduction to qualitative research. This introduction will enclose some general remarks on the character of qualitative research, followed by a

short history of qualitative psychotherapy research. The second and third part of the seminar will be dedicated to the qualitative analyses of two transcripts of diagnostic interviews. It will be focused on the development of preliminary categories derived from impressions and codes. The seminar will end with a presentation of findings of a qualitative study on first interviews, conducted by the research group of Prof. Frommer.

– Programme –

Monday – 6. July (9.00 – 19.00)

Qualitative research on biography: designs and approaches

Dr. Kathrin Mörtl (University of Ulm – Germany)

Tuesday – 7. July (9.00 – 19.00)

Participants research projects discussion

Teaching staff

Wednesday – 8. July (9.00 – 19.00)

Initial research stages of analysis of texts specific to psychotherapy

Dr. Thomas Stephenson (Sigmund Freud University Vienna – Austria)

Thursday – 9. July (9.00 – 19.00)

Chains of evidence and ladders of logic: why some psychotherapy research would not be good enough for a law court ... and how we put that right (Part I).

Prof. Chris Evans (Nottingham University – UK)

Friday – 10. July (9.00 – 19.00)

Chains of evidence and ladders of logic: why some psychotherapy research would not be good enough for a law court ... and how we put that right (Part II).

Prof. Chris Evans (Nottingham University – UK)

Saturday – 11. July (9.00 – 19.00)

Similarities and contrasts in diagnostic interviews: from clinical description to qualitative research perspectives

Prof. Jorg Frommer (University of Magdeburg – Germany)

SFU Summer Schools Abroad

In addition to the main International Summer School in Psychotherapy at the Sigmund Freud University in Vienna, the following other affiliated programmes will be taking place abroad. Please contact the host institutions directly for more information, or to apply.

International Summer School in Psychotherapy, Paris

6. July – 1. August 2009

Language: French and English

contact: *Nicole Aknin*, nicoleaknin@sfu-paris.fr

CONTACT INFORMATION

For general and administrative inquiries, please contact:

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For Academic inquiries, please contact:

Dr. Albina Colden
Tel: +43 (0)1 798 40 98 71
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For inquiries related to web and IT-related issues, please contact:

Veronika Neubauer
Email: veronika.neubauer@sfu.ac.at

Opening Hours:

Mo - Thu: 08.00 - 16:00
Fr: 09:00 - 17:00

Our Mailing Address

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